



## **GRAHAM COUNTY**

### **DEPARTMENT OF HEALTH AND HUMAN SERVICES**

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#### **Isolation** - If you have tested positive for COVID-19

- Stay at home and isolate from others as much as possible for 5 days
- If you have no symptoms or your symptoms are resolving after 5 days, you may leave isolation
- You should continue to wear a mask around others for an additional 5 days
- If you have a fever, continue to isolate at home until your fever resolves for 24 hours without fever-reducing medication
- If possible, notify those you have had close contact with about quarantine guidelines
- Public Health will contact you about your symptoms and close contacts
- Monitor your symptoms and seek medical attention immediately if you have concerns

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#### **Quarantine** – For those who have had close contact with someone who has tested positive for COVID-19.

Close contact is being within 6 feet of someone who can spread COVID-19 for more than 15 cumulative minutes in a 24 hour period. People are believed to be able to spread COVID-19 for 2 days before their symptoms start until, at least, 5 days after their symptoms begin.

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#### **Quarantine IS required after close contact with someone that has COVID-19 for the following individuals.**

- You are age 18 or older and completed the primary series of recommended vaccine but have not received a recommended booster shot when eligible
- You received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a recommended booster shot
- You are not vaccinated or have not completed a primary vaccine series and have not had confirmed COVID-19 within the past 90 days (you did not test positive using a COVID-19 test)

Stay home and away from other people for at least 5 days after your last contact with a person who has COVID-19. Wear a well-fitting mask when around others at home, if possible. If you do not develop symptoms, get tested after 5 days have passed since your last close contact. If the test is negative, you can leave your home but wear a well-fitted mask around others for 10 days from your last close contact. If you develop symptoms, contact your Healthcare Provider and seek testing.

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#### **Quarantine is NOT required after close contact for the following individuals.**

- You are age 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people
- You are ages 5-17 years and completed the primary series of COVID-19 vaccines
- You had confirmed COVID-19 within the last 90 days (you tested positive using a COVID-19 test)

You should wear a well-fitting mask around others for 10 days from the date of your last close contact and get tested at least 5 days after your last close contact or if you develop symptoms. If you test positive isolate from others.

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